TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

AUTHORITIES

CHANCELLOR

Hon'ble Shri. R.N. Ravi
The Governor of Tamil Nadu

PRO - CHANCELLOR

Thiru. Udhayanidhi Stalin
Hon'ble Minister for Youth Welfare & Sports Development, Department
Government of Tamil Nadu

VICE - CHANCELLOR

Dr. M. Sundar

REGISTRAR

Dr. I. Lilly Pushpam

CONTROLLER OF EXAMINATIONS I/C

Dr. V. Murugu Valavan

FINANCE OFFICER

Thiru. M. Gnanaprakasam

தமிழ்நாடு உடற்கல்வியியல் மற்றும்
விளையாட்டுப் பல்கலைக்கழகம்
சென்னை - 600 127

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI - 600 127

(Estd. by the Government of Tamil Nadu Under Act - 9
of 2005 & Approved by the UGC)
Accredited with 'B" Grade by NAAC

INDIA'S FIRST STATE UNIVERSITY FOR PHYSICAL EDUCATION AND SPORTS

CALENDAR 2024 - 2025



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்

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CALENDAR
2024 - 2025

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

PREAMBLE

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliating University, exclusively for Physical Education and Sports. The said Act came into force with effect from 15th September 2005 after obtaining the assent from His Excellency, the President of India on 05.08.2005.

VISION OF THE UNIVERSITY

"To engage in relentless pursuit of Excellence in the promotion and development of Physical Education and Sports through innovative programmes in teaching, coaching, research and outreach activities and evolve a holistic approach to the betterment of human resources through a harmonious blend of body, mind and spirit"

MOTTO OF THE UNIVERSITY

EXCELLENCE IN PHYSICAL EDUCATION AND SPORTS

MISSION OF THE UNIVERSITY

- To create an ideal academic environment for Learning, Scholarship, Professionalism, and collaboration that fosters Excellence in active student learning and professional growth.
- To Design and introduce innovative, integrated, inter-disciplinary curriculum in Physical Education and various Sports and games and allied areas and provide Leadership to the profession.
- To offer unique graduate, Post-graduate and research Programmes in Physical Education, Sports and allied fields.
- To produce competent health conscious Physical Education teachers at various levels, who will be fully equipped to impart instruction in Physical Education and undertake Physical activity programmes for children and youth.
- To develop High-Tech research facilities and contribute to the body to knowledge through scholarly work and publications, and disseminate the findings to the professionals, faculty and students.
- To faciltate the application of research finding to refine and sharpen the coaching and training techniques in Physical Education and Sports.
- To closely collaborate and coordinate with the State and National bodies in Physical Education and Sports, in matters of common interest and concern.
- To establish linkages and networking with national and international specialized agencies and institutions and keep abreast of the latest developments in the field of Physical Education and Sports.
- To actively design programmes for the promotion and development of fitness and health concept among the students, faculty and the community around so as to mould them into physically fit and emotionally matured citizens.
- To Support and assist the conduct of State and National level coaching camps in various sports disciplines and to spot, nurture and groom the talent for National and International competitions and
- To establish a fully automated modern Library and information center equipped with Books, Journals, CDs, Online Databases etc and cater to the informational needs of the academic community making innovative us of IT.

REGULAR COURSES

I FACULTY OF PHYSICAL EDUCATION

1. Department of Physical Education

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Physical Education	With M.Phil Regular 2- yrs Part time - 3yrs Without M.Phil Regular - 3 yrs Part Time - 4 yrs	M.P.Ed / MPES / MPE
2	Master of Physical Education	2 years	10+2+3 system of Education and B.P.Ed., Approved by the Syndicate of TNPESU and minimum of Inter College Level sports Partcipation
3	Bachelor of Physical Education	2 years	Any degree approved by the syndicate of TNPESU with 10+2+3 system of Education and minimum inter School level sports participation
4	Bachelor of Physical Education and Sports	3 years	A Pass in H.Sc.,or its Equivalent Examinations Recognized by the Syndicate of TNPESU with any subjects with Participation in games and sports

* For detailed eligibility and further information, refer the latest University regulations.

II FACULTY OF YOGA AND ALLIED HEALTH SCIENCES

2. Department of Yoga

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Yoga	With M.Phil Regular 2- yrs Part time - 3yrs	M.Sc(Yoga) / MA (Yoga)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.Sc., (Yoga)	2 years	Any Degree recognized by the Syndicate of TNPESU
2	M.Sc., Yoga Therapy	2 years	Any UG Degree in Yoga related Courses / Any UG degree with Diploma or PG Diploma in Yoga or MBBS or BDS or Degree in Nursing or BPT or MPT or BYNS or BHMS or BAMS or BUMS or relaed courses
3	B.Sc., (Yoga)	3 years	A Pass in H.Sc.,or its Equivalent Examinations Recognized by the Syndicate of TNPESU

* For detailed eligibility and further information, refer the latest University regulations.

3. Department of Exercise Physiology and Biomechanics

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Exercise Physiology and Nutrition	With M.Phil Regular 2- yrs Part time - 3yrs	M.Sc (Exercise Physiology and Nutrition)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.Sc., Exercise Physiology and Nutrition	2 years	Any Science Degree* Recognized by the Syndicate of TNPESU
3	B.Sc., Exercise Physiology and Nutrition	3 years	A pass in H.Sc., or its Equivalent Examinations in Science (Group I or Group II) Recognized by the Syndicate of TNPESU
4	Ph.D in Sports Biomechanics and Kinesiology	With M.Phil Regular 2 -yrs Part Time - 3 Yrs	M.Sc (Sports Biomechanics and Kinesiology)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
5	M.Sc. Sports Biomechanics and Kinesiology	2 years	Any Science Degree* recognized by the Syndicate of TNPESU
6	B.Sc. Sports Biomechanics and Kinesiology	3 years	A pass in H.Sc., with Maths/Physics / Biology / Computer Science / Chemistry / Statistics or its Equivalent Examinations Recognized by the Syndicate of TNPESU

* For detailed eligibility and further information, refer the latest University regulations.

III FACULTY OF TECHNOLOGY AND MANAGEMENT

4. Department of Sports Management and Sports Psychology & Sociology

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Sports Management	With M.Phil Regular 2- yrs Part time - 3yrs	M.B.A. Sports Management
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.B.A., Sports Management	2 years	Any Degree recognized by the Syndicate of TNPESU
3	Ph.D in Sports Psychology and Sociology	With M.Phil Regular 2 - yrs Part time - 3 yrs	M.Sc., Sports Psychology and Sociology*
		Without M.Phil Regular 3 - yrs Part time - 4 yrs	
4	M.Sc., Sports Psychology and Sociology	2 years	Any Degree Recognized by the Syndicate of TNPESU
5	M.Sc., Sports Psychology	2 years	Any Degree

* For detailed eligibility and further information, refer the latest University regulations.

5. Department of Advanced Sports Training and Technology

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Sports Coaching	With M.Phil Regular 2- yrs Part time - 3yrs Without M.Phil Regular - 3 yrs Part Time - 4 yrs	M.Sc., (Sports Coaching) / M.S. (Sports Coaching)
2	M.Sc., Sports Coaching	2 years	Any Degree Recognized by the Syndicate of TNPESU with Diploma / P.G. Diploma in Sports Coaching with two years of Experience
3	B.Sc., Sports Coaching	3 years	+2 pass or its equivalent recognized by the syndicate of TNPESU with sports proficiency of minimum Participation at school district competitions
4	Ph.D. in Sports Technology	Regular 2-yrs Part Time - 3 Yrs	M. Tech (Sports Technology)
5	M. Tech in Sports Technology	2 years	B.E./B.Tech., Equivalent Degree (Any Discipline)

* For detailed eligibility and further information, refer the latest University regulations.

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI

Details of the Faculty Members

I. Faculty of Physical Education

Department of Physical Education

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. S. Thirumalai Kumar** M.P.Ed., M.Sc., (Psy)., M.Sc (Yoga)., M.Phil., PGDCA., PGD.A.S.P.E.S., Ph.D.	Professor and Head	Fitness and Wellness, Test Measurements and Evaluation Rest, Recovery & Recreation, Pedagogy in Physical Education, Track and Field, Cricket, Basketball Teaching Practice
2	**Dr. S. Manikandan,** B.Sc (PHS)., M.P.Ed., M.Phil., Ph.D., M.Sc(Yoga), NIS (Certificate), PGDCA, PGDFM (Fitness Management)	Professor	Sports Training Methods Football and Handball
3	**Dr. I. Lilly Pushpam,** M.PEd., M.Phil., Ph.D., Cert.in Yoga, Cert. in Coaching (Athletics).	Professor (On Deputations)	Sports Psychology Athletics, Hockey, Basketball, Kabaddi
4	**Dr. P. Kumaravelu,** M.P.E.S., M.Phil., Ph.D.,	Associate Professor	Training Methods Athletics, Badminton, Kabaddi, Football, Volleyball
5	**Dr. K. Rajeshkumar,** B.Com., M.C.A., M.P.Ed., M.Phil., Ph.D.,	Assistant Professor	Sports Psychology, Computer Applications - Hockey
6	**Dr. S. Jayakumar** B.A.,M.P.Ed., M.Phil., Ph.D.,	Assistant Professor	Training Methods, Sports Psychology & Sociology - Kabaddi and Kho-Kho
7	**Dr. S. Velkumar** B.Sc.,B.L., M.P.Ed., M.Phil., Ph.D.,	Assistant Professor	Sports Training - Kho-Kho, Weight Lifting, Handball
8	**Dr. C. Lakshmanan** B.P.E., M.P.Ed., M.Sc., (Yoga)., PGD(Yoga)., Ph.D.,	Assistant Professor	Test and Measurement, Yoga Education - Athletics, Kho-Kho and Cricket

II. Faculty of Yoga and Allied Health Sciences

Department of Yoga

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. V. Duraisami,** M.Sc(Yoga), M.Sc., (Yoga Therapy)., M.P.E.S., M.Phil., PGDSM., PGDY., Ph.D.,	Professor & Head	Yoga, Yoga Therapy and Naturopathy
2	**Dr. S. Selvalakshmi,** M.Sc.,(Yoga)., M.Sc., (Yoga Therapy) M.P.Ed., M.Phil., PGDY., Ph.D.,	Associate Professor	Yoga and yoga Therapy

2. Department of Exercise Physiology and Biomechanics

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. R. Venkatesan,** B.Sc.,M.Sc.,(Psy), M.Sc.(Ex.Phy.) M.P.Ed., M.Phil., Ph.D.,	Professor & Head	Exercise Physiology and Sports Nutrition.
2	**Dr. P.K. Senthil Kumar,** M.P.E.S., M.Phil., M.Sc (Ex.Phy.,) Ph.D.,	Professor	Exercise Physiology, Sports Nutrition. Kinanthropoetry
3	**Dr. P. Rajini Kumar,** M.P.E.S., M.Sc., (Sports Biomechanics & Kinesiology), M.Phil., Ph.D.,	Associate Professor	Kinesiology & Biomechanics

III. Faculty of Technology and Managment

1. Department of Sports Management and Sports Psychology & Sociology

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. V. Mangaiyarkarasi** M.A., M.Phil., M.B.A., Ph.D.,	Professor and Head	Sports Sociology, Social Gerontology, Social Problems and Gender Studies
2	**Dr. S. Prem Kumar,** M.B.A., M.Phil., PGDIB.,Ph.D.,	Professor	Sports Marketing
3	**Dr. Shahin Ahmed,** M.A., M.Sc., M.Phil., M.B.A., Ph.D.,	Professor	Sports Psychology
4	**Dr. K. Kannadasan,** M.P.E M.Phil., M.Sc(Psy)., Ph.D.,	Associate Professor	Sports Psychology
5	**Dr. V. Ramesh Kumar,** M.B.A., M.Sc(Psy)., PGDHRM., Ph.D.,	Associate Professor	Marketing and Quantitative Methods

2. Department of Advanced Sports Training and Technology

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. R. Ramakrishnan,** M.E., Ph.D., FIE., C. Eng.	Professor and Head	Mechanical Engineering
2	**Dr. G. Nallavan,** M.E., Ph.D., MBA	Associate Professor & Head i/c Dept. of Advanced Sports Training & Coaching	Power Electronics

Supportive Departments

Statistics and Computer Applications

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. J. Anitha,** M.Sc.,M.Phil., Ph.D.,	Associate Professor	Reliability and Estimation Theory

Health Centre

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. V. Muruguvalavan** M.B.B.S., D.Ortho M.Sc (Ex.Phy.)., Ph.D.	Professor Cum Medical Officer	Ortho and Sports Medicine
2	**Mr. C. Manoj,** M.P.T., M.Sc.(Sports Biomechanics & Kinesiology), M.B.A (Sports Mgt.)	Physiotherapist	Physiotherapy
3	**Mr. K.B. Srinivasan,** M.P.T.,	Sports Physiotherapist	Sports Physiotherapy

Library and Information Centre

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. N. Ashok Kumar** M.L.I.Sc., M.Phil., Ph.D.,	Deputy Librarian	Digitization

Calendar For the Academic Year 2024 - 2025

JULY - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Monday	University Reopens after summer vacation	1	1
2	Tuesday		2	2
3	Wednesday		3	3
4	Thursday		4	4
5	Friday		5	5
6	Saturday	Holiday	-	-
7	Sunday	Holiday	-	-
8	Monday		6	6
9	Tuesday	World Population Day	7	7
10	Wednesday		8	8
11	Thursday		9	9
12	Friday		10	10
13	Saturday	Holiday	-	-
14	Sunday	Holiday	-	-
15	Monday		11	11
16	Tuesday		12	12
17	Wednesday	Muharram - Holiday	-	-
18	Thursday		13	13
19	Friday		14	14
20	Saturday	Holiday	-	-
21	Sunday	Holiday	-	-
22	Monday		15	15
23	Tuesday		16	16
24	Wednesday		17	17
25	Thursday		18	18
26	Friday		19	19
27	Saturday	Holiday	-	-
28	Sunday	Holiday	-	-
29	Monday		20	20
30	Tuesday		21	21
31	Wednesday		22	22
Number of Working Days			**22**	**22**
Progressive Total Number of Working Days for Sports science Courses (0+22=22) Progressive Total Number of Working Days for Physical Education Courses (0+22=22)			**22**	**22**

AUGUST - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Thursday		23	23
2	Friday		24	24
3	Saturday		-	25
4	Sunday	Holiday	-	-
5	Monday		25	26
6	Tuesday		26	27
7	Wednesday		27	28
8	Thursday		28	29
9	Friday		29	30
10	Saturday	Holiday	-	-
11	Sunday	Holiday	-	-
12	Monday	**Commencement of 1st Internal Test**	30	31
13	Tuesday		31	32
14	Wednesday		32	33
15	Thursday	Independence Day	-	
16	Friday		33	34
17	Saturday		-	35
18	Sunday	Holiday	-	-
19	Monday		34	36
20	Tuesday		35	37
21	Wednesday		36	38
22	Thursday		37	39
23	Friday		38	40
24	Saturday	Holiday	-	-
25	Sunday	Holiday	-	-
26	Monday	Sri Krishna Jayanthi - Holiday	-	-
27	Tuesday		39	41
28	Wednesday		40	42
29	Thursday	National Sports Day	41	43
30	Friday		42	44
31	Saturday		-	45
Number of Working Days			**20**	**23**
Progressive Total Number of Working Days for Sports science Courses (22+20 = 42) Progressive Total Number of Working Days for Physical Education Courses (22+23=45)			**42**	**45**

SEPTEMBER - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Sunday	Holiday	-	-
2	Monday		43	46
3	Tuesday		44	47
4	Wednesday		45	48
5	Thursday	Teacher's Day	46	49
6	Friday		47	50
7	Saturday	**Vinayagar Chathurthi - Holiday**	-	-
8	Sunday	International Literacy Day	-	-
9	Monday		48	51
10	Tuesday		49	52
11	Wednesday		50	53
12	Thursday		51	54
13	Friday		52	55
14	Saturday	Holiday	-	-
15	Sunday	Holiday	-	-
16	Monday	**Mil-ad-Nabi - Holiday**	-	-
17	Tuesday		53	56
18	Wednesday		54	57
19	Thursday		55	58
20	Friday		56	59
21	Saturday	International Day of Peace	-	60
22	Sunday	Holiday	-	-
23	Monday		57	61
24	Tuesday		58	62
25	Wednesday		59	63
26	Thursday	**Commencement of 2nd Internal Test**	60	64
27	Friday		61	65
28	Saturday		-	66
29	Sunday	Holiday	-	-
30	Monday		62	67
Number of Working Days			**20**	**22**
Progressive Total Number of Working Days for Sports science Courses (42+20=62) Progressive Total Number of Working Days for Physical Education Courses (45+22=67)			**62**	**67**

OCTOBER - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Tuesday		63	68
2	Wednesday	**Gandhi Jayanthi - Holiday**	-	-
3	Thursday		64	69
4	Friday		65	70
5	Saturday		-	71
6	Sunday	Holiday	-	-
7	Monday		66	72
8	Tuesday		67	73
9	Wednesday		68	74
10	Thursday	World Mental Health Day	69	75
11	Friday	**Ayutha Pooja - Holiday**	-	-
12	Saturday	**Vijaya Dasami - Holiday**	-	-
13	Sunday	Holiday	-	-
14	Monday		70	76
15	Tuesday		71	77
16	Wednesday		72	78
17	Thursday		73	79
18	Friday		74	80
19	Saturday		-	81
20	Sunday	Holiday	-	-
21	Monday		75	82
22	Tuesday		76	83
23	Wednesday		77	84
24	Thursday		78	85
25	Friday		79	86
26	Saturday		-	87
27	Sunday	Holiday	-	-
28	Monday		80	88
29	Tuesday		81	89
30	Wednesday		82	90
31	Thursday	**Deepawali - Holiday**	-	-
Number of Working Days			**20**	**23**
Progressive Total Number of Working Days for Sports science Courses (62+20=82) Progressive Total Number of Working Days for Physical Education Courses (67+23=90)			**82**	**90**

NOVEMBER - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Friday	**Commencement of Model Examination**	83	91
2	Saturday		-	92
3	Sunday	Holiday	-	-
4	Monday		84	93
5	Tuesday		85	94
6	Wednesday		86	95
7	Thursday		87	96
8	Friday		88	97
9	Saturday		-	98
10	Sunday	Holiday	-	-
11	Monday	National Education day	89	99
12	Tuesday		90	100
13	Wednesday		-	-
14	Thursday	Children's day	-	-
15	Friday	**Commencement of ODD Semester Examination**	-	-
16	Saturday		-	-
17	Sunday	Holiday	-	-
18	Monday		-	-
19	Tuesday		-	-
20	Wednesday		-	-
21	Thursday	World Fisheries day	-	-
22	Friday		-	-
23	Saturday		-	-
24	Sunday	Holiday	-	-
25	Monday		-	-
26	Tuesday		-	-
27	Wednesday		-	-
28	Thursday		-	-
29	Friday		-	-
30	Saturday			-
Number of Working Days			**08**	**10**
Progressive Total Number of Working Days for Sports science Courses (82+08=90) Progressive Total Number of Working Days for Physical Education Courses (90+10=100)			**90**	**100**

DECEMBER - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Sunday	International AIDS Awareness Day	-	-
2	Monday	Commencement of Even Semester Classes	1	1
3	Tuesday		2	2
4	Wednesday		3	3
5	Thursday		4	4
6	Friday		5	5
7	Saturday		-	6
8	Sunday	Holiday	-	-
9	Monday		6	7
10	Tuesday		7	8
11	Wednesday		8	9
12	Thursday		9	10
13	Friday		10	11
14	Saturday	Holiday	-	-
15	Sunday	Holiday	-	-
16	Monday		11	12
17	Tuesday		12	13
18	Wednesday		13	14
19	Thursday		14	15
20	Friday		15	16
21	Saturday	Winter Vacation Begins	-	-
22	Sunday	Holiday	-	-
23	Monday		-	-
24	Tuesday		-	-
25	Wednesday	**Christmas - Holiday**	-	-
26	Thursday		-	-
27	Friday		-	-
28	Saturday	Holiday	-	-
29	Sunday	Holiday	-	-
30	Monday			
31	Tuesday			
Number of Working Days			**15**	**16**
Progressive Total Number of Working Days for Sports science Courses (0+15=15) Progressive Total Number of Working Days for Physical Education Courses (0+16=16)			**15**	**16**

JANUARY - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Wednesday	New Year - 2025	-	-
2	Thursday	University Reopens after Winter Vacation	16	17
3	Friday		17	18
4	Saturday		-	19
5	Sunday	Holiday	-	-
6	Monday		18	20
7	Tuesday		19	21
8	Wednesday		20	22
9	Thursday		21	23
10	Friday		22	24
11	Saturday	Holiday	-	-
12	Sunday	Holiday	-	-
13	Monday		23	25
14	Tuesday	Pongal - Holiday	-	-
15	Wednesday	Thiruvallvar Day - Holiday	-	-
16	Thursday	Ulavar Thirunal - Holiday	-	-
17	Friday		24	26
18	Saturday	Holiday	-	27
19	Sunday	Holiday	-	-
20	Monday		25	28
21	Tuesday		26	29
22	Wednesday		27	30
23	Thursday		28	31
24	Friday		29	32
25	Saturday	National Voter's Day	-	33
26	Sunday	Republic Day	-	-
27	Monday	**Commencement of Internal Assessment - 1(Even Semester)**	30	34
28	Tuesday		31	35
29	Wednesday		32	36
30	Thursday		33	37
31	Friday		34	38
		Number of Working Days	**19**	**22**
Progressive Total Number of Working Days for Sports science Courses (15+19=34) Progressive Total Number of Working Days for Physical Education Courses (16+22=38)			**34**	**38**

FEBRUARY - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Saturday		-	39
2	Sunday	Holiday	-	-
3	Monday		35	40
4	Tuesday		36	41
5	Wednesday		37	42
6	Thursday		38	43
7	Friday		39	44
8	Saturday	Holiday	-	-
9	Sunday	Holiday	-	-
10	Monday		40	45
11	Tuesday	Thaiposam - Holiday	-	-
12	Wednesday		41	46
13	Thursday		42	47
14	Friday		43	48
15	Saturday		-	49
16	Sunday	Holiday	-	-
17	Monday		44	50
18	Tuesday		45	51
19	Wednesday		46	52
20	Thursday		47	53
21	Friday		48	54
22	Saturday		-	55
23	Sunday	Holiday	-	-
24	Monday		49	56
25	Tuesday		50	57
26	Wednesday		51	58
27	Thursday		52	59
28	Friday		53	60
		Number of Working Days	**19**	**22**
Progressive Total Number of Working Days for Sports science Courses (34+19=53) Progressive Total Number of Working Days for Physical Education Courses (38+22=60)			**53**	**60**

MARCH - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Saturday		-	61
2	Sunday	Holiday	-	-
3	Monday		54	62
4	Tuesday		55	63
5	Wednesday		56	64
6	Thursday		57	65
7	Friday		58	66
8	Saturday	International Women's day	-	-
9	Sunday	Holiday	-	-
10	Monday		59	67
11	Tuesday	Commencement of Internal Assessment - II (Even Semester)	60	68
12	Wednesday		61	69
13	Thursday		62	70
14	Friday		63	71
15	Saturday		-	72
16	Sunday	Holiday	-	-
17	Monday		64	73
18	Tuesday		65	74
19	Wednesday		66	75
20	Thursday		67	76
21	Friday	International Day of Forests	68	77
22	Saturday		-	78
23	Sunday	Holiday	-	-
24	Monday		69	79
25	Tuesday		70	80
26	Wednesday		71	81
27	Thursday		72	82
28	Friday		73	83
29	Saturday	Holiday	-	-
30	Sunday	**Telugu New Year - Holiday**	-	-
31	Monday	**Ramzan - Holiday**	-	-
		Number of Working Days	**19**	**23**
Progressive Total Number of Working Days for Sports science Courses (54+19=73) Progressive Total Number of Working Days for Physical Education Courses (60+24=84)			**73**	**83**

APRIL - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Tuesday		74	84
2	Wednesday		75	85
3	Thursday		76	86
4	Friday		77	87
5	Saturday		-	-
6	Sunday	Holiday	-	-
7	Monday		78	88
8	Tuesday		79	89
9	Wednesday		80	90
10	Thursday	Mahaveer Jayanthi - Holiday	-	-
11	Friday	Commencement of Model Examination (Even Semester)	81	91
12	Saturday		-	-
13	Sunday	Holiday	-	-
14	Monday	Dr.B.R. Ambedkar's Birthday - Telgu New Year	-	-
15	Tuesday		82	92
16	Wednesday		83	93
17	Thursday		84	94
18	Friday	Good Friday - Holiday	-	-
19	Saturday	Holiday	-	-
20	Sunday	Holiday	-	-
21	Monday		85	95
22	Tuesday		86	96
23	Wednesday		87	97
24	Thursday		88	98
25	Friday		89	99
26	Saturday		90	100
27	Sunday	Holiday	-	-
28	Monday	Commencement of Even Semester Examinations	-	-
29	Tuesday		-	-
30	Wednesday		-	-
		Number of Working Days	**17**	**17**
Progressive Total Number of Working Days for Sports science Courses (73+17=90) Progressive Total Number of Working Days for Physical Education Courses (83+17=100)			**90**	**100**

MAY - 2025

DATE	DAY	PARTICULARS	Working Days
1	Thursday	Labour Day - Holiday	-
2	Friday	Summer Vacation Begins for Staffs	-
3	Saturday	Holiday	-
4	Sunday	Holiday	-
5	Monday		-
6	Tuesday		-
7	Wednesday		-
8	Thursday	International Mother's Day	-
9	Friday		-
10	Saturday	Holiday	-
11	Sunday	Holiday	-
12	Monday		-
13	Tuesday		-
14	Wednesday		-
15	Thursday		-
16	Friday		-
17	Saturday	Holiday	-
18	Sunday	Holiday	-
19	Monday		-
20	Tuesday		-
21	Wednesday		-
22	Thursday		-
23	Friday		-
24	Saturday	Holiday	-
25	Sunday	Holiday	-
26	Monday		-
27	Tuesday		-
28	Wednesday		-
29	Thursday		-
30	Friday		-
31	Saturday	Holiday	-

JUNE - 2025

DATE	DAY	PARTICULARS	Working Days
1	Sunday	Holiday	-
2	Monday		-
3	Tuesday		-
4	Wednesday		-
5	Thursday		-
6	Friday		-
7	Saturday	**Bakrid - Holiday**	-
8	Sunday	Holiday	-
9	Monday		-
10	Tuesday		-
11	Wednesday		-
12	Thursday		-
13	Friday		-
14	Saturday	Holiday	-
15	Sunday	Holiday	-
16	Monday		-
17	Tuesday		-
18	Wednesday		-
19	Thursday		-
20	Friday		-
21	Saturday	Holiday	-
22	Sunday	Holiday	-
23	Monday		-
24	Tuesday		-
25	Wednesday		-
26	Thursday		-
27	Friday		-
28	Saturday	Holiday	-
29	Sunday	Holiday	-
30	Monday		-

Beginning of the next academic session on 01.07.2025 after the summer vacation.

CALENDAR FOR THE ACADEMIC YEAR 2021 -2022
List of Affiliated Physical Education Colleges

1. YMCA College of Physical Education (Autonomous), Nandanam, Chennai - 600 035.
2. Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education (Autonomous), Sri Ramakrishna Vidyalaya Post, Periyanaickenpalayam, Coimbatore - 641 020.
3. Dr. Sivanthi Aditanar College of Physical Education, Tirunelveli Road, Tiruchendur - 628 215.
4. Sri Sarada College of Physical Education for Women Fairlands, Salem - 636 016.
5. Selvam College of Physical Education Salem Road, Ponnusamy Nagar, Pappinayakkapatty (Po), Namakkal - 637 003.
6. Koviloor Andavar College of Physical Education and Sports Science, Koviloor Madalayam, Koviloor - 630 307.
7. Meenatchi Physical Education College Trichy Main Road, M.R. Kalvi Nagar Thathanur (po), Udayarpalayam (Tk), Ariyalur Dt - 621 804.
8. Christian College of Physical Education K.P. Road, Kanyakumari Dist., Nagercoil - 629 003.
9. St. John's College of Physical Education Veeravanallur - 627 426 Tirunelveli - Dist.
10. Sri Renugambal College of Physical Education C.C. Road, Ettivadi, Polur - 606 907.
11. Mother Terasa College of Physical Education Mettusalai, Illuppur (Post) Pudukkottai District - 622 102.
12. Dhanalakshmi Srinivasan College of Physical Education Perambur - 621 212
13. K.R. College of Physical Education NH-7 K.R. Nagar, Vedasandur Post & Taluk, Dindigul Dt.
14. Sree Bhavani College of Physical Education Veepur - Virudhachalam Main Road, K. Kothanur Village, Kandappankurichi, Nallur Post, Veppur Tk. Guddalore Dist.
15. Cheran College of Physical Education, No.9D/3, Ramakrishnapuram, Karur - 639 001.
16. Jenney's College of Physical Education No.2/67, A Manikandan Road, Ramjee Nagar, Tiruchirapalli District - 620 009.

17. G.S. College of Physical Education, Kampaliyampatta Road, Avanasipalayam (Post) Pothiampalayam Panchayat, Kangayam - 638 701. Tiruppur District.
18. Pasumpon Muthuramalinga Thevar Physical Education College, Plot No.3, Vadugapatti, Usilampatti, Madurai - 625 532.
19. MASS College of Physical Education, Vanur, Villupuram - Dist

List of Affiliated Yoga Colleges

1. Vethathiri Maharishi College of Yoga, No.26, Second Seaward Road, Valmiki Nagar, Thiruvanmiyur, Chennai - 600 041.
2. Shri Paranjothi Yoga College, No.113, Sri Paranjothi Nagar, Udumalpet - TK, Tirupur.
3. PGP College of Yoga & Research Centre (Old No.57) New No.59, Sterling Road, Numgambakkam, Chennai - 600 034.
4. Selvam College of Yoga and Research Centre Chemmuthal, Nethaji Street, Tholayavattam Post - 629 157.
5. McGan's Academy of Yoga and Sports, No.5/365, Perar Kothagiri Road, Mynala Post, Kothagiri Road, Ooty, Nilgiris - 643002.

Contact Address

The Registrar,
Tamil Nadu Physical Education and Sports University
Melakottaiyur, Vandalur - Kelambakkam Road, Chennai - 600 127.
Phone : 044 - 27477905 - 906
E-mail : regtnpesu@gmail.com
Website : www.tnpesu.org

Controller of Examinations : 044 - 27477914 / 915 / 917
School of distance Education : 044 - 27477919

National Antham

Jana Gana Mana Adhinaayak Jaya Hey,
Bhaarat Bhaagya Vidhaataa
Panjaab Sindhu Gujarat Maratha,
Draavid Utkal Banga
Vindhya Himaachal Yamuna Ganga,
Uchchhal Jaladhi Taranga
Tav Shubh Naamey Jaagey,
Tav Shubh Aashish Maange
Gaahey Tav Jayagaathaa
Jana Gana Mangal Daayak,
Jaya Hey Bhaarat Bhaagya Vidhaataa
Jaya Hey, Jaya Hey, Jaya Hey
Jaya Jaya Jaya, Jaya Hey

தேசிய கீதம்

ஜன கண மன அதிநாயக ஜெய ஹே
பாரத பாக்ய விதாதா,
பஞ்சாப் சிந்து குஜராத்த மராட்டா
திராவிட உத்கல வங்கா.
விந்திய இமாச்சல யமுனா கங்கா
உச்சல ஜலதி தரங்கா.
தவ ஷீப நாமே ஜாகே,
தவ ஷீப ஆஷிஷ மாகே,
காஹே தவ ஜெய காதா.
ஜன கண மன அதிநாயக ஜெய ஹே
பாரத பாக்ய விதாதா,
ஜெய ஹே, ஜெய ஹே, ஜெய ஹே,
ஜெய ஜெய ஜெய, ஜெய ஹே.

National Pledge

India is my country and all Indians are my brothers and sisters. I love my country and I am proud of its rich and varied heritage. I shall always strive to be worthy of it. I shall give respect to my parents, teachers and all elders and treat everyone with courtesy. To my country and my people, I pledge my devotion. In their wellbeing and prosperity alone, lies my happiness.

நாட்டுப்பண்

இந்தியா என் நாடு. இந்தியர் அனைவரும் என் உடன் பிறந்தவர்கள். என் நாட்டை நான் பெரிதும் நேசிக்கிறேன். இந்நாட்டின் பழம்பெருமைக்காகவும், பன்முக மரபுச் சிறப்புக்காகவும் நான் பெருமிதம் அடைகிறேன். இந்நாட்டின் பெருமைக்குத் தகுந்து விளங்கிட என்றும் பாடுபடுவேன்.

என்னுடைய பெற்றோர், ஆசிரியர்கள், எனக்கு வயதில் மூத்தோர் அனைவரையும் மதிப்பேன். எல்லோரிடமும் அன்பும் மரியாதையும் காட்டுவேன். என் நாட்டிற்கும் என் நாட்டு மக்களுக்கும் உழைத்திட முனைந்து நிற்பேன். அவர்கள் நலமும் வளமும் பெறுவதிலேதான் என்றும் மகிழ்ச்சி காண்பேன்.

தமிழ்த்தாய் வாழ்த்து

நீராருங் கடலுடுத்த நிலமடந்தைக் கெழிலெழுகும்
சீராரும் வதனமெனத் திகழ் பரதக் கண்டமிதில்
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே!
அத்திலக வாசனைப்போல் அனைத்துலகும் இன்பமுற
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!
தமிழணங்கே!
உன் சீரிளமைத் திறம்வியந்து செயல்மறந்து வாழ்த்துதுமே!
வாழ்த்துதுமே!! வாழ்த்துதுமே!!

தீண்டாமை ஒழிப்பு உறுதிமொழி

இந்திய அரசியல் அமைப்பின் பால் இடைவிடாத, உளமார்ந்த, பற்றுள்ள இந்திய குடிமகன், குடிமகள் ஆகிய நான் நமது அரசியல் அமைப்பின்படி தீண்டாமை ஒழிக்கப்பட்டு விட்டது என்பதை அறிவேன். தீண்டாமையை அடிப்படையாகக் கொண்டு எவர்மீதும் தெரிந்தோ, தெரியாமலோ சமூக வேற்றுமையை மனம், வாக்கு, செயல் என்று எந்த வகையிலும் கடைபிடிக்க மாட்டேன் என்று இதனால் உளமாற உறுதி அளிக்கிறேன்.

அரசியல் அமைப்பின் அடிப்படை கருத்திற்கு இணங்க, சமய வேறுபாடற்ற சுதந்திர சமுதாயத்தை உருவாக்குவதில் நேர்மையுடனும், உண்மையுடனும் பணியாற்றுவது எனது கடமையாகும் என்பதையும் உணர்வேன்.

அரசியல் அமைப்பின்பால் எனக்குள்ள முழுப் பற்றிற்கு இது என்றென்றும் எடுத்துக்காட்டாக விளங்கும் என்றும் இதனால் உளமாற உறுதி அளிக்கிறேன்.

கொடிப்பாடல்

பல்லவி — தாயின் மணிக்கொடி பாரீர் அதைத்-
தாழ்ந்து பணிந்து புகழ்ந்திட வாரீர்

சரணங்கள் — ஓங்கி வளர்ந்ததோர் கம்பம் அதன் -
உச்சியின் மேல் வந்தே மாதர மென்றே
பாங்கி னேழுதித் திகழும் செய்ய -
பட்டொளி வீசிப் பறந்தது பாரீர்!

கம்பத்தின் கீழ்நிற்றல் காணீர் எங்கும் -
காணரும் வீரர் பெருந்திருக் கூட்டம்
நம்பற் குரியரவ் வீரர் - தங்கள்
நல்லுயி ரீந்துங் கொடியினைக் காப்பார் (தாயின்)

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Tamil Nadu Physical Education and Sports University
Chennai – 600 127
Student Profile (Student Copy)
Academic Year _____

Photo

1	Name	English		Register No	
		Tamil		Aadhaar No	
2	Sex	Male / Female	DOB		
3	Course			Duration	
4	Father's Name			Father's Occupation	
5	Mother's Name			Mother's Occupation	
6	Community & Religion	ST/ SC/ SC(A)/ MBC/ BC/ BC (M) / OC Hindu/ Muslim/ Christian/ Others____		Blood Group	
7	Permanent Address				

Type of Domicile Area (Tick the Appropriate)	Metro City	Corporation City	Urban	Semi	Rural

8	Phone Number of the Father / Guardian		Student Contact Number(s)	Email Id

9	Sports Achievement	

10	Details of Internship Completed as per Course Requirement)	Institution	Date

11	Any other Achievement wish to inform	

12	Any other Achievement wish to inform	
		Signature

ENGAGEMENTS / NOTES

Tamil Nadu Physical Education and Sports University Chennai – 600 127

Student Profile (Department Copy)

Academic Year _____

Photo

1	Name	English		Register No	
		Tamil		Aadhaar No	
2	Sex	Male / Female	DOB		
3	Course			Duration	
4	Father's Name			Father's Occupation	
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7	Permanent Address				

Type of Domicile Area (Tick the Appropriate)	Metro City	Corporation City	Urban	Semi	Rural

8	Phone Number of the Father / Guardian		Student Contact Number(s)	Email Id
9	Sports Achievement			
10	Details of Internship Completed (as per Course Requirement)	Institution		Date
11	Any other Achievement wish to inform			
12	Any other Achievement wish to inform			

Signature

Emergency Helpline Numbers

1.	Police Control Room	100
2.	Fire Control Room	101
3.	Ambulance Helpline	102
4.	Centralised Accident & Trauma Services (CATS)	1099
5.	Ambulance Helpline, Delhi	1092
6.	Women's Helpline	1091
7.	Women's Helpline Anywhere in India	181
8.	Senior Citizen Helpline	1091, 1291
9.	Anti-Obscene calls Cell	1091
10.	Anti- Stalking Cell	1091
11.	AIDS Helpline (India)	1097
12.	Medical Helpline State (Andhra Pradesh, Gujarat, Utterkhand Goa, TamilNadu, Rajasthan, Karnataka, Assam, Meghalaya, Madhya Pradesh and Uttar Pradesh)	108
13.	Anti - Poison	1099
14.	Fire Control Room	101
15.	Indian Red Cross Society	011-23711551
16.	Directory Enquiry	197
17.	CGHS Helpline, Directorate General of Health Services	155224
18.	Disaster Management of Govt. of NCT of Delhi	1094
19.	Dy. Commissioner of Police (Missing Childran and Women)	1094
20.	Traffic Police Helpline	1095
21.	Delhi Police Helpline	1090
22.	Helpline of NDMC Control Room	1297
23.	Ambulance Service	1066
24.	Helpline for Women	1092
25.	ORBO C.N. Centre, AIIMS (For Donation of Organs	1060
26.	Coastal Sercurity Helpline	1093
27.	Child Line	1098
28.	Railway Police Helpline	9962500500 or 1512
29.	Anti-Ragging Complain	18001805522
30.	Student and Exam Helpline	14417
31.	Railway Enquiry	139